

Sunday after the Feast of the Exaltation of the Holy Cross

Instead of the usual Antiphons, we sing:.

FIRST ANTIPHON:

My God, my God, hear me; why have You forsaken me?
Far from my salvation are the words of my transgression.
**Through the prayers of the Mother of God, O Savior,
save us.**

O my God, I call by day and You do not hear;
I call by night and I find no peace.
**Through the prayers of the Mother of God, O Savior,
save us.**

Yet You, O God are enthroned in the holy place,
O Glory of Israel.
Through the prayers...

Glory be: Now and ever:
Through the prayers...

SECOND ANTIPHON:

Why, O God, have You cast us off forever?
Why does Your anger smolder against the sheep of Your pasture?
**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

Remember Your flock whom You built up long ago,
whom You redeemed as Your inheritance.
**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

Remember Mount Sion,
Where You made Your dwelling.

**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

*(Before we sing the Third Antiphon, we sing the Hymn to the
Only-Begotten on page 10, [page 5 in the thin booklets] "Slava
Otcu, i Synu...Jedinorodny Syne...)*

THIRD ANTIPHON:

Come, let us sing joyfully to the Lord.
Let us shout with joy to God our Savior!

**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

Let us come into His presence with thanksgiving,
And let us joyfully sing psalms to Him.

**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

For God is a great Lord,
And a great King over all the earth.

**O Son of God, bodily crucified, save us who sing to
You: Alleluia, Alleluia, Alleluia!**

Pr: Wisdom! Be attentive!

R: Extol the Lord our God, and worship at His footstool;
holy is He!

Tropar Tone 7:

You have destroyed Death by Your cross; * You opened
Paradise to the thief. * The sorrow of the women You turned to
joy. * You commanded Your apostles to proclaim to all: * "Christ
our God has arisen, * granting great mercy to the world.

Tropar Tone 1:

Save Your people, O Lord and bless Your inheritance; *
grant victory to Your Church over her enemies * and
protect Your people by Your cross.

Kontakion Tone 4:

Glory be: Now and Ever:

Willingly raised upon the cross, O Christ our God, * You
bestowed Your mercies upon a new people bearing Your name. *
With Your power grant joy to our Church * Giving her victory over
enemies, * with the invincible standard, Your weapon of peace, *
as an ally.

Instead of "Svjaty Boze" we sing the following:

Pr: For You are holy, our God, and we render glory to You,
Father, Son and Holy Spirit, now and ever and forever.

R: Amen.

**We bow to Your cross, O Lord; and we praise Your
holy resurrection. (2)**

**Krestu Tvojemu, poklanyayemsya Vladyko, i
svyatoye voskreseniye, Tvoje slavim.
Slava Otcu, i Synu, i Svyatomu Duchu,
I nyni, i prisno i vo viki vikov. Amin.
I svyatoye voskreseniye Tvoje slavim.**

**We bow to Your cross, O Lord; and we praise Your
holy resurrection.**

Pr: Let us be attentive! +Peace be with all. Wisdom. Be
attentive!

Prokimenon Tone 7:

Extol the Lord, our God, and worship at His footstool; holy is He!

v. Exult you just in the Lord; praise from the upright is fitting.

(And the Holy Epistle for the day is read.)

(After the reading is finished:)

Pr: Peace be to you reader! Wisdom! Be attentive!

Alleluia. (Tone 1)

Alleluia, Alleluia, Alleluia!

v. Remember Your flock, whom You built up long ago.

v. God is our King from times past, the Giver of Help through all the land.

(Return to Liturgy book page 13 [page 10] for the Holy Gospel.)

Instead of "It is truly proper..."

O my soul, O my soul, extol the most precious cross, extol the most precious cross, of the Lord.

You are a mystical garden, O Mother of God: without tilling you have brought forth Christ by Whom the life-giving tree of the cross was planted on earth. Therefore, when we now adore Him raised upon the cross, we extol you.

Communion: O Lord, let the light of Your countenance, shine upon us. Alleluia! (3)